



**WILLIAM JESSUP
UNIVERSITY**

VOLLEYBALL CAMPS

SUMMER 2010

WILLIAM JESSUP UNIVERSITY

ACTIVITIES BUILDING - ROCKLIN, CA

Dates	Days	Cost	Camps	Ages
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July 25-29	Sun – Thurs	\$425	Girls Overnight Camp	12-18 / girls only
Note : \$225 if only a day camper until 4 PM each day (Check in at Noon on Sunday – 1PM / Check out at 5 PM Thursday)				

July 30 – 31	Fri – Sat	\$200	Setters Camp /Overnight	12 -18 / boys and girls
(Check in 8 AM / Check out at 4 PM)				

CAMP OVERVIEW: OUR CAMPS ARE FOR ALL AGES (12-18), WITH HIGH LEVEL TRAINED CLUB AND COLLEGE COACHES, AND MEMBERS OF THE CURRENT WJU VOLLEYBALL TEAM. OUR DAILY INSTRUCTION INCLUDES BOTH INDIVIDUAL AND TEAM SKILLS, BASED ON COMPETITIVE STYLE DRILLS, WITH A PLAYER STAFF RATIO OF 8-1. ALL ATHLETES WILL BE GROUPED BY AGE AND ABILITY LEVELS. ALL CAMPERS, REGARDLESS OF GROUPINGS WILL BE EXPOSED TO THE SAME SKILL/TRAINING TECHNIQUES. THERE WILL BE A PERSONALIZED EVALUATION DONE BY EACH COURT COACH OF EACH ATHLETE. LUNCH IS PROVIDED FOR DAY CAMPERS, AND ALL THREE MEALS FOR THOSE ATTENDING THE "OVERNIGHT CAMPS". EACH CAMPER WILL RECEIVE A WARRIOR CAMP SHIRT, AND PRIZES FOR INDIVIDUAL ACCOMPLISHMENTS THROUGHOUT THE WEEK, SUCH AS OUR CHARACTER AWARDS! THERE WILL ALSO BE END OF CAMP AWARDS IN VARIOUS AREAS OF SKILLS. THERE WILL BE A VOLLEYBALL BOOTH (FIRST DAY ONLY) FOR PARTICIPANTS TO PURCHASE VOLLEYBALL GEAR. WE WILL ALSO PROVIDE A SNACK BAR FOR ATHLETES TO PURCHASE SNACKS AND DRINKS AFTER CAMP HOURS.

OVERNIGHT CAMPS : THE GIRLS OVERNIGHT CAMP MAY INCLUDE NIGHTLY ACTIVITIES SUCH AS A CONCERT, BOWLING NIGHT, SKIT NIGHT, MOVIE NIGHT IN THE QUAD, ETC... THIS CAMP WILL ALSO INCLUDE GUEST SPEAKERS WHO WILL FOCUS OUR ATTENTION ON THE POSITIVE ASPECTS OF BEING AN ATHLETE WHO PLAYS AND ACTS WITH CHRIST-LIKE CHARACTER IN THE HEAT OF BATTLE. WE PROVIDE EXCELLENT HOUSING, FOOD, AND ROUND THE CLOCK SUPERVISION IN OUR VERY SECURE, BEAUTIFUL DORMS. ATHLETES MUST PROVIDE OWN SLEEPING BAGS. DON'T FORGET YOUR PILLOW.

SETTERS CAMP: OUR TWO DAY SETTERS CAMP WILL FOLLOW THE OVERNIGHT GIRLS CAMP, AND WILL FOCUS ON ALL ASPECTS OF SETTING. WE WILL COVER ASPECTS OF SETTING SUCH AS HOW TO LEAD AS A SETTER, DIFFERENT SETTING SKILLS ON AND OFF THE NET, HOW TO BE A HITTER AND BLOCKER WHILE IN THE FRONT ROW, FOOTWORK THAT LEADS TO SUCCESSFUL SETTING ETC..... BRING YOUR OWN SLEEPING BAG AND PILLOW)

MAKE CHECKS PAYABLE TO: WJU ATHLETICS
SEND REGISTRATION TO: WOMEN'S VOLLEYBALL
 WILLIAM JESSUP UNIVERSITY
 333 SUNSET BLVD.
 ROCKLIN, CA 95765

MORE INFORMATION: TERRY STAFFORD
 916-834-9801
TSTAFFORD@JESSUP.EDU

PLEASE CUT ALONG THE DOTTED LINE BELOW AND KEEP THE TOP PORTION OF CAMP BROCHURE

CAMPER NAME _____ PHONE _____ AGE _____

MALE _____ FEMALE _____ SCHOOL _____ BIRTHDATE _____

ADDRESS _____ E-MAIL _____

PARENT NAME(S) _____ EMERGENCY PHONE _____

ADULT T-SHIRT SIZE: S M L XL OR YOUTH T-SHIRT SIZE: S M L XL (PLEASE CIRCLE ONE SIZE)

ROOMMATE REQUEST (IF APPLICABLE) _____

I consider this participant to be in good health, and permission is granted to participate in all activities unless otherwise indicated on this record. In case of illness or injury, permission is granted for medical treatment to be rendered. WJU will make every effort to contact a parent or guardian in case of a serious illness. All medical bills incurred by the patient will be the responsibility of the patient, parent, or guardian. It is further understood that the William Jessup University / Athletic Department will not be held liable for any accidents, injuries, or death resulting from participation.

PARENT OR GUARDIAN SIGNATURE _____

I also give William Jessup University the right to use any pictures taken of my daughter/son during the camps for marketing purposes of the University.

Parent or Guardian Signature _____